

## Waste-Based Model for Population Health, Part 1 – Competencies

Upon mastering this module, you should be able to:

1. Describe in “build up from the bottom” order a simple, preliminary, stacked/“nested” model for quality-associated waste in health care, with subelements, based on earlier discussions breaking out subset components of unwarranted clinical variation (in other words, “clinical opportunities for better care”).
2. List and explain 4 key factors that make this General Model for Population Health and health care waste attractive and useful, relative to other approaches for organizing sources of health care waste.
3. Using “units of care” as a foundation, define “efficiency” (the base layer in the nested model). Break out and describe, with examples, 3 major subcategories that make up the “efficiency” layer.
4. Use the concept of “efficiency” to contrast total health care spending within the United States, compared to other modern first-world democracies (e.g., Canada, or countries in Europe). Identify those who conducted the original research to make this important policy point.