

An Initial Model for Population Health – Competencies

Upon mastering this module, you should be able to:

1. Restack the 4 elements of “sources of health” into a more natural, life-experience oriented, order. Explain and justify your choices.
2. Based on your model, estimate how much “population health” contributes to all “within reach” opportunities to improve health, versus how much “disease treatment” contributes to all “within reach” opportunities to improve health.
3. Define “patient-centered care” in terms of the organizational structure of disease treatment.
4. Explain the idea of a “continuum of care,” and link it to your “sources of health” elements.
5. Define and explain the terms “move upstream” and “hot spotting.” Differentiate the 2 terms. Lay out the origins of the term “hot spotting,” giving the history that popularized the term.
6. Break out and explain the main subcomponent operational methods of “hot spotting” approaches.